

KESPS

Kentucky Emergency Services Peer Support

Support Certification

Emergency services agencies make a significant investment in selecting mentally and emotionally healthy individuals as part of their hiring process. Emergency services leadership can protect and enhance that investment by various methods aimed at promoting wellness. One effective strategy for stimulating a culture of psychological wellness within an agency is supporting the development and maintenance of the Kentucky Emergency Services Peer Support (KESPS) program.

The purpose of the KESPS team is to provide critical incident stress management (CISM) services following a critical incident to prevent the destructive effects of emotional trauma, job related stress, and to accelerate recovery from critical incidents before stress reactions negatively impact an Emergency Services Personnel (ESP) performance, career, health, and family.

KESPS team members are required to:

- Complete:
 - IS-700 Introduction to NIMS
 - ICS-100 Introduction to ICS
 - KESPS Orientation
 - Assisting Individuals in Crisis
 - Group Crisis Intervention
 - Suicide Awareness and Assessment training
- Respond to requests to provide peer support services
- Participate in KESPS quarterly team meetings (can be done via internet)
- Participate in continuing education/training opportunities

By signature, you certify that _____ has the support of

Name of Applicant

_____ to fully participate in the KESPS team.

Print Name of Emergency Services Agency

Supervisor Name Printed

Date

Supervisor Signature